| Monday 12-Sep-16 | Tuesday 13-Sep-16 | Wednesday 14-Sep-16 | Thursday 15-Sep-16 | Friday 16-Sep-16 | Saturday 17-Sep-16 | Sunday 18-Sep-16 |
|---|---|---|---|---|---|---|
| Flood | Novice 1&2 3:50 to 4:40 | | | | | |
| Public Skating 7:05 to 8:05 | Atom A&B1 4:40 to 5:30 | | | | | |
| Flood | Flood | | Flood | | | |
| Midget A 8:20 to 9:20 | Atom B2 5:45 to 6:35 | Flood | Atom A 5:45 to 6:35 | Peewee 6:15 to 7:05 | | |
| Flood | Flood | Bantam B 6:50 to 7:40 | Flood | Flood | | |
| | Peewee A 6:45 to 7:35 | | Peewee Girls/B 6:45 to 7:35 | | | |
| | Flood | Flood | Flood | Peewee 7:20 to 8:15 | | |
| | Bantam A 7:50 to 8:40 | Bantam A 7:55 to 8:40 | Bantam B 7:50 to 8:40 | | | |
| | Flood | Flood | Flood | Flood | | |
| | Midget B 8:55 to 9:45 | Midget A 8:55 to 9:45 | Midget B 8:55 to 9:45 | Game 8:30 to 10:30 | | |
| | Flood | Flood | Flood | | | |

| Monday 19-Sep-16 | Tuesday 20-Sep-16 | Wednesday 21-Sep-16 | Thursday 22-Sep-16 | Friday 23-Sep-16 | Saturday 24-Sep-16 | Sunday 25-Sep-16 |
|---|---|---|---|---|---|---|
| | | | | | Novice Tech 8:00 to 9:00 | |
| | | | | | Flood | Novice Scrimmage #2 9:00 to 10:00 |
| | | | | | Atom Tech 9:15 to 10:15 | Flood |
| | | | | | Flood | Atom Scrimmage #2 10:15 to 11:15 |
| | | | | | Goalie Tech Nov/Atm/Pe 10:30 to 11:30 | Flood |
| | | | | | Flood | Peewee Scrimmage #2 11:30 to 12:30 |
| | | | | | Goalie Tech BTM/Mid 11:45 to 12:45 | Flood |
| | | | | | Flood | Bantam Scrimmage #2 12:45 to 1:45 |
| | | | | | LUNCH 1:45 Info Session | Flood |
| | | | | | | Midget Scrimmage #2 2:00 to 3:00 |
| | | | | | Peewee Scrimmage #1 2:15 to 3:15 | Flood |
| | | | | | Flood | |
| | Novice 3&2 3:50 to 4:40 | | Novice 1&3 3:50 to 4:40 | | Novice Scrimmage #1 3:30 to 4:30 | |
| | Atom A&B2 4:40 to 5:30 | | Atom B2 4:40 to 5:30 | Peewee Tech 5:00 to 6:00 | Flood | |
| | Flood | | Flood | | Atom Scrimmage #1 4:45 to 5:45 | |
| | Atom B1 5:45 to 6:35 | Flood | Atom A&B1 5:45 to 6:35 | Flood | Flood | |
| | Flood | Bantam B 6:50 to 7:40 | Flood | Bantam Tech 6:15 to 7:15 | Bantam Scrimmage #1 6:00 to 7:00 | |
| Flood | Peewee Girls 6:45 to 7:35 | | Peewee A/B 6:45 to 7:35 | | Flood | |
| Public Skating 7:05 to 8:05 | Flood | Flood | Flood | Flood | Midget Scrimmage #1 7:15 to 8:15 | |
| Flood | Bantam A 7:50 to 8:40 | Bantam A 7:55 to 8:40 | Bantam B 7:50 to 8:40 | Midget Tech 7:30 to 8:30 | Flood | |
| Midget A 8:20 to 9:20 | Flood | Flood | Flood | Flood | | |
| Flood | Midget B 8:55 to 9:45 | Midget A 8:55 to 9:45 | Midget B 8:55 to 9:45 | | | |
| | Flood | Flood | Flood | | | |

| Monday 26-Sep-16 | Tuesday 27-Sep-16 | Wednesday 28-Sep-16 | Thursday 29-Sep-16 | Friday 30-Sep-16 | Saturday 01-Oct-16 | Sunday 02-Oct-16 |
|---|---|---|---|---|---|---|
| | Novice 3&2 3:50 to 4:40 | | Novice 1&2 3:50 to 4:40 | Pre Novice 1&2 3:50 to 5:05 | | |
| | Atom B1&B2 4:40 to 5:30 | | Atom A&B2 4:40 to 5:30 | Novice 3&1 5:05 to 6:00 | | |
| | Flood | | Flood | | | |
| | Atom A 5:45 to 6:35 | Flood | Atom B1 5:45 to 6:35 | Flood | | |
| | Flood | Bantam B 6:50 to 7:40 | Flood | Peewee A&B 6:15 to 7:10 | | |
| Flood | Peewee B 6:45 to 7:35 | | Peewee Girls/A 6:45 to 7:35 | | | |
| Public Skating 7:05 to 8:05 | Flood | Flood | Flood | Flood | | |
| Flood | Bantam A 7:50 to 8:40 | Bantam A 7:55 to 8:40 | Bantam B 7:50 to 8:40 | Peewee Girls 7:25 to 8:15 | | |
| Midget A 8:20 to 9:20 | Flood | Flood | Flood | Flood | | |
| Flood | Midget B 8:55 to 9:45 | Midget A 8:55 to 9:45 | Midget B 8:55 to 9:45 | Game 8:30 to 10:45 | | |
| | Flood | Flood | Flood | | | |