



Dear players and parents,

We hope everyone had a great summer and are enjoying a great start to the season. We are excited to be coming back to Athabasca again this year for a Smytty's Skills Development Camp!

We will be hosting a skill development camp November 13-16th, 2017 at the Athabasca Regional Multiplex.

3- Zone Circuit Training

- Maximizes Skill Repetitions
- Enables Increased One on One Attention
- Provides Lesson Plans Tailored to Forward and Defense

Focus

- Acceleration and Change of Speed
- Explosive First 3 Strides: Forwards and Backwards
- Edge Control with a Puck in Game like Situations
- Change of Direction and Agility
- Transferrable Technical and Tactical Puck Handling

Intangibles

- Hockey Awareness through Game Specific Instruction
- Understanding of Leadership Qualities
- Emphasis Maximizing Player Experience and Enjoyment of the Game

The on-ice instructors are qualified as follows:

15+ years of Professional Hockey (NHL, AHL, ECHL, SPHL, as well as European Pro Leagues)

15+ years of Collegiate Hockey

15+ years of Junior Hockey

10+ years of Skills Coaching (Every level from Initiation to NHL)

10+ years of Coaching

1000's of hours spent coaching, playing, learning and evaluating players in many situations

RYAN SMYTH will be in attendance and on ice with the players on Monday November 13th!

Divisions are as follows:

Group 1 – Novice – \$160.00 (4 Sessions)

Group 2 – Atom / Pee Wee - \$240.00 (6 Sessions)

Group 3 – Bantam / Midget - \$240.00 (6 Sessions)

Each division will be grouped based on a limited number of registration and on a first come first serve basis.

*Last year we limited the group to 21 players and were full so please register quickly to secure your spot!

Register @ <http://smyttyskills.msa4.rampinteractive.com/>